

# 407: How to and How NOT to Educate Your Children

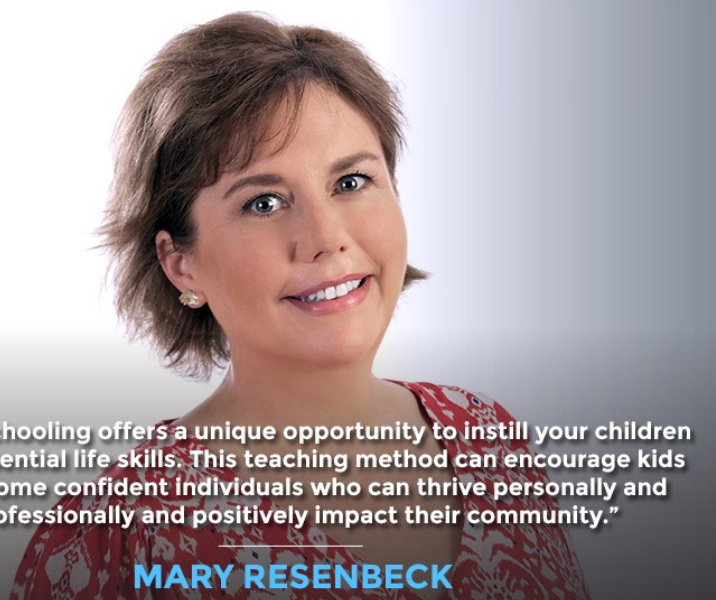
## 10 Point Checklist

### Mary Resenbeck

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a 10 point checklist that gives the next, real steps you can take for introducing these insights and optimizing your life.

*Get* **YOURSELF OPTIMIZED**

HOSTED BY **STEPHAN SPENCER**



**"Homeschooling offers a unique opportunity to instill your children with essential life skills. This teaching method can encourage kids to become confident individuals who can thrive personally and professionally and positively impact their community."**

**MARY RESENBECK**

# 10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?  
Here are 10 steps that can move you closer to your goals – today.**

- Set clear goals and objectives for my children's education. Maximize their learning potential with a personalized approach. This helps them to achieve academic success while developing a love for learning.
- Find an enrichment center to supplement my children's education. This helps to ensure they receive well-rounded activities including the arts and other enrichment programs.
- Allow my children to learn at their own pace while supplying the resources they need. Let my children explore educational materials in a visually stimulating and engaging way.
- Encourage creativity and hands-on learning by traveling with my kids to provide a unique cultural experience. Remember, nothing beats firsthand experience.
- Reach out to a homeschool consultant to gain knowledge of the necessary process to homeschool my kids.
- Incorporate physical activity and socialization into my children's schedule. Schedule regular social activities with other children, such as playdates, homeschooling groups, and community events.
- Continually assess and adjust my homeschooling approach to meet the needs and goals of my children. Always remember that homeschooling is not a one-size-fits-all approach.
- Accurately document my children's progress and achievements to track their educational goals, comply with state laws, and utilize college prep or workforce materials.
- Use technology in my homeschooling lessons and engage my kids to participate in interactive activities. I can use these toolsets: [funancialfreedom.com](https://funancialfreedom.com), [badwolfpress.com](https://badwolfpress.com), and [outschool.com](https://outschool.com) to facilitate interactive learning.
- Visit Mary Resenbeck's website, [www.maryresenbeck.com](https://www.maryresenbeck.com), to learn more about homeschooling and how she can help you with your child's Individualized Education Program. You can also buy her book, [\*Take Charge of Your Child's Education\*](#).

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/how-to-educate-your-children-with-mary-resenbeck/>